

PSYC*3110, Course Outline: Winter 2022

General Information

DUE to the ongoing COVID-19 pandemic some courses are being offered virtually and some face to face. **This course is offered using a combination of the Alternate-Delivery-Synchronous (AD-S) format and Face-to-Face format. Lectures are delivered virtually at assigned days and times, and seminars take place face to face at an assigned location on campus at the set day and time.**

Course Title: Topics in Health Psychology

Course Description:

The purpose of this course is to provide you with an overview of the field of health psychology. The content matter of the course is intentionally broad and will cover such topics as social and behavioural dimensions of illness; social inequalities in health; psychosocial dimensions of smoking, alcohol, and obesity; methodology in health psychology; experience of health and illness; and several others. At the end of the course you should be able to distinguish between the different major approaches to health psychology, have knowledge of some of the main debates and areas of practice in the field, and be able to formulate an argument in at least one of the topic areas covered.

Credit Weight: 0.5

Academic Department (or campus): Psychology

Semester Offering: Winter 2022

Class Schedule and Location: Tuesday, Thursday, 11:30am-12:50pm, MCKN, Room 117. While the university has instructed us to work online, lectures will be delivered via Zoom. You will be able to access links to lectures through CourseLink.

Instructor Information

Instructor Name: Kieran O'Doherty

Instructor Email: kieran.odoherty@uoguelph.ca

Office location and office hours: TBA

GTA Information

GTA Name: Keith Soodeen

GTA Email: ksoode01@uoguelph.ca

GTA office location and office hours: n/a

GTA Name: Mikaela Beijbom

GTA Email: abeijbom@uoguelph.ca

GTA office location and office hours: n/a

Course Content

Specific Learning Outcomes:

At the end of the course successful students will:

- 1) Be familiar with key debates in the field of health psychology
- 2) Be able to formulate an argument in at least one of the topic areas covered.
- 3) Be able to critically engage with academic literature in the field of health psychology
- 4) Be able to distinguish between the different major approaches to health psychology
- 5) Be able to link academic knowledge in health psychology with practice for improved health

Lecture Content:

- What is health psychology?
- Social inequality and health
- Culture and health belief systems
- Qualitative methods in health psychology
- Sexual health
- Food and eating
- Alcohol and drinking
- Lay representations of illness
- Health communication
- Screening and immunization
- Genetic risk
- Risk communication
- Medicine taking
- Community approaches to health
- Introduction to bioethics
- Health research participation
- Public deliberation in health policy
- Advances in biotechnology

Labs:

n/a

Seminars:

n/a

Course Assignments and Tests:

Assignment or Test	Due Date	Contribution to Final Mark (%)	Learning Outcomes Assessed
Course Outline quiz	18 Jan. 2022, 5pm	2%	n/a
Discussion notes on journal articles	See details below	10%	3
Class participation activities	See details below	10%	1,3,5
Mid-term exam	3 Mar, 2022	24%	1,4,5
Final exam	13 Apr, 2022	24%	1,4,5
Essay	21 Mar, 2022, 5pm	30%	2,3

Additional Notes (if required):

Lectures: For the first two weeks of classes (possibly longer), lectures will be conducted via Zoom (accessed through CourseLink). Once the university allows us to go back to campus, lectures are officially face to face. To help accommodate current circumstances, I will aim to record lectures using Zoom, and post lecture recordings to the Zoom cloud accessible through CourseLink. If students miss a lecture and the live stream or recording is not available, students are expected to take their own steps, such as arranging with other students to catch up on missed materials. This type of remote delivery is still a new technology, and students should expect disruptions. A discussion board is available on CourseLink for students to share lecture notes, and specific questions about missed material can be brought to the instructor's office hours. Because lectures are recorded, if you approach the front of the classroom once recording has started (i.e., from 10 minutes before the class starts until the end of class), you will be included in the video recording that is distributed to the whole class.

Discussion Notes: For each journal article for which you submit discussion notes you earn 1%, up to a cumulative maximum of 10% (for discussion notes on 10 articles). There will be at least 12 required journal articles, so you can afford to miss two discussion notes and still get the full 10% for this grade component. **Discussion notes need to be submitted electronically via CourseLink before the lecture in which the article is discussed.**

Class participation activities: There will be in-class activities throughout the course, such as group discussions, partner work, or working out problems presented in class. You will be required to submit work on these activities at the end of each class in which the activity took place. For each activity in which you participate successfully, you receive 2%, up to a maximum of 10%. There will be at least 7 in-class activities throughout the course, so that you can afford to miss two class activities and still get the full 10% for this grade component.

Final examination date and time:

April 13, 2022, 2:30PM - 4:30PM

Final exam weighting: 30%

Please confirm time and date using WebAdvisor.

Final Examination regulations are detailed at:
[Examination Regulations](#)

Course Resources

Required Texts:

David F. Marks, Michael Murray, & Emea Vida Estacio (2021) *Health Psychology. Theory, Research and Practice* (6th Ed.) Sage Publications. (available on library reserve)

Recommended Texts:

n/a

Lab Manual:

n/a

Other Resources:

Links to journal articles will be provided via CourseLink.

Field Trips:

n/a

Additional Costs:

n/a

Course Policies

Contacting the Instructor or TA

- The fastest way to get a response to simple questions is through the class discussion board on CourseLink. By simple, I mean questions that only require a sentence or two to answer. I check the board every weekday, and you are encouraged to respond to each other's posts.
- Longer questions, and questions of a confidential nature, should be brought to my office hours (times listed above). I'm always happy to have visitors, so take as much advantage of these office hours as you can!
- All questions about missed exams and midterm grading should be directed to the TA (Keith Soodeen ksoode01@uoguelph.ca).
- My email is to be used for emergencies only.

Grading Policies

Essay needs to be submitted by 5pm on March 21. Only an electronic copy needs to be submitted. Electronic submission is via CourseLink.

Penalties:

- Marks will be subtracted for essays significantly outside of the word length margins (2500-3000 words)
- Marks will be subtracted for late essays at a rate of 10% per day to a maximum of 30%. Any essay that is more than 3 days late automatically receives 0%.

[Undergraduate Grading Procedures](#)

Please note that these policies are binding unless academic consideration is given to an individual student.

Course Policy on Group Work:

n/a

Course Policy regarding use of electronic devices and recording of lectures:

Electronic recording of classes is expressly forbidden without consent of the instructor. When recordings are permitted, they are solely for the use of the authorized student and may not be reproduced, or transmitted to others, without the express written consent of the instructor.

University Policies

Disclaimer:

Please note that the ongoing COVID-19 pandemic may necessitate a revision of the format of course offerings, changes in classroom protocols, and academic schedules. Any such changes will be announced via CourseLink and/or class email. This includes on-campus scheduling during the semester, mid-terms and final examination schedules. All University-wide decisions will be posted on the COVID-19 website (<https://news.uoguelph.ca/2019-novel-coronavirus-information/>) and circulated by email.

Academic Consideration

When you find yourself unable to meet an in-course requirement because of illness or compassionate reasons, please advise the course instructor in writing, with your name, id#, and e-mail contact. See the academic calendar for information on regulations and procedures for

Academic Consideration:

[Academic Consideration, Appeals and Petitions](#)

Academic Misconduct

The University of Guelph is committed to upholding the highest standards of academic integrity and it is the responsibility of all members of the University community, faculty, staff, and

students to be aware of what constitutes academic misconduct and to do as much as possible to prevent academic offences from occurring.

University of Guelph students have the responsibility of abiding by the University's policy on academic misconduct regardless of their location of study; faculty, staff and students have the responsibility of supporting an environment that discourages misconduct. Students need to remain aware that instructors have access to and the right to use electronic and other means of detection. Please note: Whether or not a student intended to commit academic misconduct is not relevant for a finding of guilt. Hurried or careless submission of assignments does not excuse students from responsibility for verifying the academic integrity of their work before submitting it. Students who are in any doubt as to whether an action on their part could be construed as an academic offence should consult with a faculty member or faculty advisor.

The Academic Misconduct Policy is detailed in the Undergraduate Calendar:

[Academic Misconduct Policy](#)

Illness

Medical notes will not normally be required for singular instances of academic consideration, although students may be required to provide supporting documentation for multiple missed assessments or when involving a large part of a course (e.g., final exam or major assignment).

Accessibility

The University of Guelph is committed to creating a barrier-free environment. Providing services for students is a shared responsibility among students, faculty and administrators. This relationship is based on respect of individual rights, the dignity of the individual and the University community's shared commitment to an open and supportive learning environment. Students requiring service or accommodation, whether due to an identified, ongoing disability or a short-term disability should contact [Student Accessibility Services](#) as soon as possible.

For more information, contact SAS at 519-824-4120 ext. 54335 or email accessibility@uoguelph.ca or the [Student Accessibility Services Website](#)

Student Feedback Questionnaire

These questionnaires (formerly course evaluations) will be available to students during the last 2 weeks of the semester: March. 28th – April 08th. Students will receive an email directly from the Student Feedback Administration system which will include a direct link to the questionnaire for this course. During this time, when a student goes to login to Courselink, a reminder will pop-up when a task is available to complete.

[Student Feedback Questionnaire](#)

Drop date

The last date to drop one-semester courses, without academic penalty, is April 08, 2022. For regulations and procedures for Dropping Courses, see the [Schedule of Dates in the Academic Calendar](#).

Instructors must provide [meaningful and constructive feedback, at minimum 20% of the final course grade, prior to the 40th class day](#). For courses which are of shorter duration, 20% of the final grade must be provided two-thirds of the way through the course.

[Current Undergraduate Calendar](#)

Additional Course Information

Course instructors are allowed to use software to help in detecting plagiarism or unauthorized copying of student assignments. Plagiarism is one of the most common types of academic misconduct on our campus. Plagiarism involves students using the work, ideas and/or the exact wording of other people or sources without giving proper credit to others for the work, ideas and/or words in their papers. Students can unintentionally commit misconduct because they do not know how to reference outside sources properly or because they don't check their work carefully enough before handing it in. Whether or not a student intended to commit academic misconduct is not relevant for a finding of guilt. Hurried or careless submission of assignments does not excuse students from responsibility for verifying the academic integrity of their work before submitting it. Students who are in any doubt as to whether an action on their part could be construed as an academic offence should consult with a faculty member or faculty advisor.

In this course, your instructor will be using Turnitin.com to detect possible plagiarism, unauthorized collaboration or copying as part of the ongoing efforts to prevent plagiarism in the College of Social and Applied Human Sciences.

A major benefit of using Turnitin is that students will be able to educate and empower themselves in preventing misconduct. In this course, you may screen your own assignments through Turnitin as many times as you wish before the due date. You will be able to see and print reports that show you exactly where you have properly and improperly referenced the outside sources and materials in your assignment.

Etiquette and expectations: Course websites may include both synchronous and asynchronous interactions and have the same protections, expectations, guidelines, and regulations used in face-to-face settings. In order to behave respectfully toward your instructors, TAs and fellow students, it's important to become familiar with the etiquette that is expected of you during your remote learning courses. Please keep in mind that inappropriate online behaviour will not be tolerated. Examples of inappropriate online behaviour are as follows:

- Posting inflammatory messages about your instructor or fellow students
- Using obscene or offensive language online
- Copying or presenting someone else's work as your own

- Adapting information from the Internet without using proper citations or references
- Buying or selling term papers or assignments
- Posting or selling course materials to course notes websites
- Having someone else complete your quiz or completing a quiz for/with another student
- Stating false claims about lost quiz answers or other assignment submissions
- Threatening or harassing a student or instructor online
- Discriminating against fellow students, instructors and/or TAs
- Using the course website to promote profit-driven products or services
- Attempting to compromise the security or functionality of the learning management system
- Sharing your user name and password
- Recording lectures without the permission of your instructor