# PSYC\*7993, Course Outline: Winter 2020

# **General Information**

Course Title: PSYC\*7993 Clinical Practicum 3

#### **Course Description:**

This course is intended to foster clinical psychology graduate student training and experience in clinical competencies. Students provide psychological services to child and adolescent clients. Services are provided at external practicum settings. Students will carry out clinical work under the direct supervision of licensed clinical psychologists. Students will gain competency in clinical skills, including professionalism and interpersonal relationships, assessment, intervention, ethical practice, and supervision.

Credit Weight: 0.25

Academic Department (or campus): Psychology

Semester Offering: Fall-Winter

**Class Schedule and Location:** Students will spend two days per week at their external practicum site. Students will meet regularly with their assigned clinical supervisor.

## **Instructor Information**

Instructor Name: Tamara Berman, Ph.D., C.Psych. Instructor Email: tberman@uoguelph.ca Office location and office hours: BWH 120B, contact to arrange

## **Course Content**

**Specific Learning Outcomes**: To obtain a level of clinical competency commensurate with student's level of training. Students and supervisors will set individualized goals and learning outcomes in a supervision contract at the beginning of each course enrollment. Goals set depend on experiences available at the practicum setting, and on the student's individual needs.

- 1. Demonstrate professional demeanor when interacting with a client population.
- 2. Show awareness of expected skills and behaviors at different ages and stages of child development.

- 3. Demonstrate proficiency in maintaining professional relationships with assigned clients, supervisors, and fellow students.
- 4. Demonstrate proficiency in carrying out intake interviews.
- 5. Demonstrate proficiency in completing suicide risk evaluation.
- 6. Demonstrate proficiency in selecting, administering, scoring and interpreting psychometric assessment measures.
- 7. Demonstrates skill in writing complete and concise notes following client interactions.
- 8. Show understanding of formulation and diagnosis in a child and adolescent population.
- 9. Demonstrate skill at assessment report writing.
- 10. Ability to identify and make recommendations based on assessment results.
- 11. Ability to deliver feedback of assessment results and conclusions to children, youth, parents and school teams.
- 12. Demonstrate knowledge of a range of intervention approaches relevant to children, adolescents and families.
- 13. Gain experience acting as primary therapist for children, adolescents and/or families.
- 14. Demonstrate competency in assessing and monitoring treatment process and progress.
- 15. Identify key ethical considerations in implementing clinical work with children, adolescents and families.
- 16. Show awareness of when it is important to consult a supervisor.
- 17. Demonstrate ability to prepare for and engage in clinical supervision (both individual and group supervision).
- 18. Self-reflect on own professional development (e.g., clinical goal setting and monitoring, exploration of strengths and areas for further development, self-awareness).

CCAP Competencies & Facets		Level	Specific LO
Profess	sionalism & Interpersonal Relationships		
2.	Demonstrates knowledge of self (e.g., motivation, culture, resources, values, personal biases, factors that may influence the professional relationship such as limits)	Intermediate	18
3.	Demonstrates knowledge of others, including the macro- (e.g., work, national norms, etc.) and micro-environments (e.g., personal differences, family, culture, gender differences, etc.) in which people function	Intermediate	2,8
4.	Engages in a professional level and style of conduct and deportment (e.g., organization, timeliness, dress and hygiene, practicing within one's competence)	Advanced	1,3,18
5.	Establishes and maintains trust and respect in the professional relationship (e.g., follows-through on commitments, proactively seeks out supervision when necessary)	Advanced	1,3,16,17
6.	Establishes and maintains professional relationships with clients from all populations served and appropriate interdisciplinary relationships with colleagues and learners	Advanced	1,3

7	Engages in reflective practice and adjusts personal	Intermediate	16,17,18
7.	approach, as needed, in professional contexts (e.g., self-	intermediate	10,17,10
	care, communicating with colleagues, seeking supervision		
	or feedback)		
	of recubicky		
Assess	ment & Evaluation		
1.	Demonstrates knowledge of human populations served	Intermediate	1,2
	and human development		
2.	Demonstrates skill in formulating appropriate referral questions	Advanced	4,8
3.	Demonstrates knowledge of and selects appropriate	Intermediate	
	psychological assessment methods, based on		6
	psychometric properties and evidence base, across		
	referral and practice areas (e.g., cognitive, personality,		
	diagnostic, strengths)		
4.	Appropriately applies assessment methods (standardized	Intermediate	
	measures and clinical interviewing), consistent with case		6,8
-	formulation, and scores and interprets assessment data	Intownodiato	
5.	Demonstrates knowledge of diagnostic systems including DSM-5 and others (e.g., ICD-10) and effective skills in	Intermediate	8
	making a diagnosis when appropriate		0
6	Demonstrates knowledge of and ability to conceptualize	Intermediate	
0.	cases with consideration to intra-, inter-personal, and	internetiate	2,8
	systemic contexts, along with strengths		_,.
7.	Demonstrates skill in effective written and verbal	Intermediate	
	communication (e.g., results from assessment, diagnostic		7,9,11
	feedback)		
8.	Demonstrates skill in developing recommendations and	Intermediate	
	action plan based on assessment findings		10
Interve	ention & Consultation		
1.	Demonstrates knowledge of major evidenced-based	Intermediate	12
	intervention theories and approaches with individuals		
	and systems (e.g., children, families, groups,		
	organizations). This includes demonstrating respect for		
	the positive aspects of all major intervention approaches,		
2	with an openness to varied viewpoints and approaches		10
2.		Intermediate	10
2	assessment and intervention	Intermediate	12 12 14
3.	Effectively selects, plans, implements, evaluates, and modifies interventions; this includes awareness of when	mienneulate	12,13,14
	to refer and/or terminate the intervention and the use of		
	evidence-based measures		
4	Demonstrates skills in documentation, and both written	Advanced	7
	and verbal communication, regarding intervention		
	process, progress, and termination		
		1	
5.	Demonstrates knowledge of appropriate consultation	Intermediate	16,17

6.	Assesses and evaluates intervention progress and modifies the intervention as indicated including but not limited to use of evidence-based measures	Intermediate	13,14
	& Standards		
1.	Demonstrates knowledge of major ethical principles, issues, and dilemmas, and common professional issues relevant to the practice of psychology	Advanced	5,15
2.	Demonstrates knowledge of standards and codes of professional conduct	Advanced	5,15
	Demonstrates knowledge of standards and codes of professional conduct	Advanced	15
4.	Proactively Identifies and conceptualizes potential and actual ethical issues and dilemmas, using key ethical codes (i.e., CPA, TCPS), relevant jurisprudence and legislation, and CPA ethical decision-making process in resolving professional and ethical issues.	Intermediate	5,15
5.	Implements ethical concepts, codes of conduct, legislation, and consultation into professional practice.	Intermediate	5,15
Superv	ision		
1.	Demonstrates knowledge of the multiple roles, responsibilities, and acquisition of competencies in supervision (i.e., of supervisor and supervisee)	Advanced	16,17
3.	Demonstrates knowledge of the ethical, legal, and contextual issues of supervision (including both supervisor and supervisee)	Advanced	16,17
4.	Identifies supervision goals and learning objectives, and tracks progress in achieving these goals	Advanced	16,17,18
5.	Engages effectively in the supervision process (individual, peer, and group supervision) as supervisee (e.g., prepared for supervision, openness to supervision, participation in collaborative supervision process, aware of limits, fosters open and participatory climate)	Advanced	16,17,18

## **Additional Notes:**

- 1. <u>Evaluation of Clinical Competencies</u>: Client sessions will be supervised and evaluated for clinical competency by the assigned clinical supervisor. Feedback will be provided on a regular basis during individual and/or group supervision. More formalized written evaluation will occur at the end the enrollment.
- 2. <u>Client Documentation</u>: Students are expected to document all clinical work with clients. This will include notes of phone and in-person contacts, session notes and final reports for therapy clients, and assessment reports.

Final examination date and time: NA

Final exam weighting: NA

## **Course Resources**

Required Texts: None.

## **Course Policies**

#### **Grading Policies**

This course is not graded but rather a SAT/UNSAT grade will be assigned at the end of each enrollment. Students will receive regular feedback about their performance in the course with respect to competencies that need to be demonstrated. All components of the course are to be completed with sufficient competency to earn a SAT or satisfactory rating. <u>Graduate Grade interpretation</u>

## **University Policies**

#### **Academic Consideration**

When you find yourself unable to meet an in-course requirement because of illness or compassionate reasons, please advise the course instructor in writing, with your name, id#, and e-mail contact. See the academic calendar for information on regulations and procedures for

Academic Consideration: Grounds for Academic Consideration

#### Academic Misconduct

The University of Guelph is committed to upholding the highest standards of academic integrity and it is the responsibility of all members of the University community, faculty, staff, and students to be aware of what constitutes academic misconduct and to do as much as possible to prevent academic offences from occurring.

University of Guelph students have the responsibility of abiding by the University's policy on academic misconduct regardless of their location of study; faculty, staff and students have the responsibility of supporting an environment that discourages misconduct. Students need to remain aware that instructors have access to and the right to use electronic and other means of detection. Please note: Whether or not a student intended to commit academic misconduct is not relevant for a finding of guilt. Hurried or careless submission of assignments does not excuse students from responsibility for verifying the academic integrity of their work before

submitting it. Students who are in any doubt as to whether an action on their part could be construed as an academic offence should consult with a faculty member or faculty advisor.

The Academic Misconduct Policy is detailed in the Graduate Calendar:

## Accessibility

The University of Guelph is committed to creating a barrier-free environment. Providing services for students is a shared responsibility among students, faculty and administrators. This relationship is based on respect of individual rights, the dignity of the individual and the University community's shared commitment to an open and supportive learning environment. Students requiring service or accommodation, whether due to an identified, ongoing disability or a short-term disability should contact <u>Student Accessibility Services</u> as soon as possible.

For more information, contact SAS at 519-824-4120 ext. 54335 or email accessibility@uoguelph.ca or the <u>Student Accessibility Services Website</u>

## **Course Evaluation Information**

Please refer to the Course and Instructor Evaluation Website .

## Drop date

The last date to drop one-semester courses, without academic penalty, is *Friday, April 3<sup>rd</sup>*, *2020*. For regulations and procedures for Dropping Courses, see the <u>Schedule of Dates in the Academic Calendar</u>. <u>Current Graduate Calendar</u>