
PSYC*1000 - Introduction to Psychology

Winter 2024 Course Outline

Section: 01

Credits: 0.50

Land Acknowledgement: Guelph

The University of Guelph resides on the ancestral lands of the Attawandaron people and the treaty lands and territory of the Mississaugas of the Credit. We recognize the significance of the Dish with One Spoon Covenant to this land and offer respect to our Anishinaabe, Haudenosaunee and Métis neighbours. Today, this gathering place is home to many First Nations, Inuit, and Métis peoples and acknowledging them reminds us of our important connection to this land where we work and learn.

Calendar Description

This is an introduction to the content and methods of psychology. It will cover the major areas such as neuroscience, sensation and perception, learning, cognition, motivation, human development, personality, psychopathology and its treatment, and social psychology.

Restriction(s): This is a Priority Access Course. Enrolment may be restricted to particular programs or semester levels during certain periods.

Department(s): Department of Psychology

Lecture Schedule

TuTh 10am-11:20am in ROZH*104 (1/8 to 4/23)

Instructor Information

Gabrielle Pitt

Instructor

Email: gpitt@uoguelph.ca

Office: Office Hours Through Zoom

Winter 2024 Office Hours:

Mondays 5:30 PM – 6:30 PM

**By Appointment through Zoom (please contact Dr. Pitt to schedule an appointment during the weekly office hour)

Textbooks

Group	Title	Author	ISBN
Required	e-copy: An introduction to psychological science: Canadian Edition, Fourth Edition. Pearson. *NOTE – this is NOT the e-book with Revel	Krause, M., Corts, D., & Smith, S. (2024).	

Learning Resources

CourseLink Site

There is a CourseLink site for this course. All components of this course can be found on the CourseLink site including the Course Outline, Lecture PowerPoint slides, and assignments guidelines. Please familiarize yourself with this website as soon as possible and visit it regularly throughout the semester.

Note: Dr. Pitt uses the CourseLink site as a way of communicating with students. It is strongly recommended that students log in to the course website every day to check announcements, and discussion posts, access course materials, review the weekly schedule and assignment requirements.

Campus Resources

If you are concerned about any aspect of your academic program: Make an appointment with a Program Counsellor (<https://www.uoguelph.ca/uaic/programcounsellors/>) in your degree program. If you are struggling to succeed academically: There are numerous academic resources offered by the Learning Commons (<https://www.lib.uoguelph.ca/using-library/spaces/learning-commons/>) including, Supported Learning Groups for a variety of courses, workshops related to time management, taking multiple choice exams, and general study skills.

Course Learning Outcomes

1. Think about a specific research topic from different perspectives, as well as evaluate the process of drawing conclusions in psychological research. This is an invaluable tool that allows students to judge the merit of any new piece of information learned whether in psychology or another field.
2. Understand key concepts from the text and lectures, as well as show quantitative literacy by interpreting numerical data in various formats (tables, graphs, charts).
3. Apply concepts that we learn about in class to real world examples.
4. Evaluate the ethical merits of psychological research and practice and identify the ethical principles that form the foundation in the field of psychology. Students will also act in a way that shows academic integrity and will manage their time and plan in advance to complete the many responsibilities of being a student.
5. Appreciate how the field of psychology developed through history, and how the dominant perspective has changed as we learned more about ourselves. Students will also consider how our methods of measuring psychological phenomena have evolved with technology.
6. Pick out key concepts from the text and lectures and design a personalized set of study notes based on that content. Students who do this demonstrate the following abilities: reading comprehension, language comprehension, conceptual understanding, and the ability to combine similar concepts and express those concepts.

Schedule of Topics and Assignments

Week of	Topic	Activities	Due:
1/9	Topics for January 9th and 11th > Introductions and Course Overview > Psychological Science	Required Reading: Chapter 1: 1.1, 1.2	
1/16	Topics for January 16th and 18th > Research Methods > Biological Psychology	Required Reading: Chapter 2: 2.1, 2.2, 2.3, 2.4 Required Reading: Chapter 3: 3.1, 3.2, 3.3	
1/23	Topics for January 23rd and 25th > Biological Psychology, continued > Sensation & Perception	Required Reading: Chapter 3: 3.1, 3.2, 3.3 Required Reading: Chapter 4: 4.1, 4.2, 4.3, 4.4	> Online Discussion Posting Period (ODPP) 1 - Opens: Jan 25th at 12:00 am Closes: Jan 30th at 11:59 pm
1/30	Topics for January 30th and February 1st > Sensation & Perception, continued	Required Reading: Chapter 4: 4.1, 4.2, 4.3, 4.4	
2/6	Topics for February 6th and 8th > Midterm Exam 1 - February 6th > Learning - February 8th	Required Reading (for February 8th): Chapter 6: 6.1, 6.2, 6.3	> Midterm Exam 1 Tues. Feb. 6th in class Based on all course content covered in lecture/text from Week 1 – Week 4
2/13	Topics for February 13th and 15th Learning, continued Memory	Required Reading: Chapter 6: 6.1, 6.2, 6.3 Required Reading: Chapter 7: 7.1, 7.2, 7.3	
2/20		Winter Break	
2/22		Winter Break	
2/27	Topics for February 27th and 29th > Memory, continued > Development	Required Reading: Chapter 7: 7.1, 7.2, 7.3 Required Reading: Chapter 10: 10.1, 10.2, 10.3	> Online Discussion Posting Period (ODPP) 2 - Opens: Feb 29th 12:00 am Closes: Mar 5th at 11:59 pm
3/5	Topics for March 5th and 7th > Development, continued (March 5th) > Midterm Exam 2 - March 7th	Required Reading: (March 5th): Chapter 10: 10.1, 10.2, 10.3	> Midterm Exam 2 Thurs Mar 7th in class Based on all course content covered in lecture/text from Week 5 – Week 9: Mar 5

3/12	Topics for March 12th and 14th > Motivation & Emotion > Social Psychology	Required Reading: Chapter 11: 11.3, 11.4 Required Reading: Chapter 13: 13.1, 13.2	
3/19	Topics for March 19th and 21st > Social Psychology > Health, Stress & Coping	Required Reading: Chapter 13: 13.1, 13.2 Required Reading: Chapter 14: 14.1, 14.2, 14.3	> Online Discussion Posting Period (ODPP) 3 - Opens: Mar 21st at 12:01 am Closes: Mar 26th at 11:59 pm
3/26	Topics for March 26th and 28th > Mental Health (Psychological Disorders)	Required Reading: Chapter 15: 15.1, 15.2, 15.3, 15.4	
4/2	Topics for April 2nd and 4th > Mental Health (Psychological Disorders) > Therapies	Required Reading: Chapter 15: 15.1, 15.2, 15.3, 15.4 Required Reading: Chapter 16: 16.1, 16.2	

Assessment Breakdown

Description	Weighting (%)	Due Date
Research Participation	4%	To Be Determined Optional - details to be provided on CourseLink
3 Online Discussion Posting Periods (ODPP)	21% (Each OPDD is worth 7%)	See respective dates in the Schedule above
Midterm Exam 1 Based on all course content covered in lecture/ text from Week 1 – Week 4	20%	Tues Feb. 6 th In class 1 hour
Midterm Exam 2 Based on all course content covered in lecture/ text from Week 5 – Week 9: Mar 5	20%	Thurs Mar. 7 th In class 1 hour
Final Exam Cumulative based on full course – but the emphasis will be on all course content covered in lecture/text from Week 10 – Week 13	35%	Thurs. April 11th 8:30 - 10:30 AM Location TBD 2 hours

Final Exam

Date: Apr 11

Time: Th 8:30am-10:30am

Location: TBA *Please see Web Advisor closer to the date of scheduled final for location.*

To understand rules and regulations regarding Examinations students are encouraged to read Student's Responsibilities (<https://calendar.uoguelph.ca/undergraduate-calendar/undergraduate-degree-regulations-procedures/examinations/>)

If the student is unable to meet the final exam requirements due to medical, psychological or compassionate circumstances they are encouraged to review Student's Responsibilities in the Academic Consideration, Appeals and Petitions (<https://calendar.uoguelph.ca/undergraduate-calendar/undergraduate-degree-regulations-procedures/academic-consideration-appeals-petitions/>) section of the Academic Calendar.

Last Day to Drop Course

The final day to drop Winter 2024 courses without academic penalty is the last day of classes: April 08

After this date, a mark will be recorded, whether course work is completed or not (a zero is assigned for missed tests/assignments). This mark will show on the student's transcript and will be calculated into their average.

Course Grading Policies

NOTE: It is very important that students carefully read the 'Grading Policies' section below. These policies are binding unless academic consideration is given to an individual student.

> Submission of Online Discussion Posting Periods (ODPP)

Online Discussion Posts will be posted in students' respective Small Group Discussion Forums by the respective posting dates/times.

Students are responsible for ensuring their submissions and posts are complete. Incomplete submissions, unreadable attachments or posts will receive the late penalty according to the late assignment policy (below). Students should check the technical requirements and make sure they have a supported browser, and reliable Internet access. In the event of experiencing technical difficulty when submitting an assignment or making a discussion post electronically, please contact CourseLink Support (<https://support.opened.uoguelph.ca/contact/>) (in advance of the due date and time).

Note - Technical difficulty is not a valid reason for late assignment submissions or posts.

Students are encouraged to keep a back-up copy of posts in the event that they are lost in transition. In order to avoid any last-minute problems, it is strongly recommended that students save their posts to a cloud-based file storage (e.g., Google Docs), or send to their U of Guelph email account, so that posts can be accessed if needed.

> Late Assignments

The course follows a strict grading policy. It is students' responsibility to meet course deadlines. A degree of academic independence, as well as personal organization and time management are explicit goals/learning outcomes of this course. The manner of submission for all assignments and due dates are clearly outlined in the CourseLink site.

Note: Late Deduction - A deduction of 5% per day (from the specified date/time the assignment is due) will be in effect for late submissions, to a limit of six days, at which time the assignment will not be accepted.

> Academic Consideration

If a student finds that he/she/they is/are unable to meet course requirements due to illness or compassionate reasons, **the student must notify the Professor via email at least one calendar day before the original due date (day and time) of the assignment.** Extensions may be granted for exceptional reasons deemed acceptable by the Professor. Extension requests will not be granted beyond one week, except in compelling circumstances.

See further information regarding Academic Consideration in the section on University Policies.

> Grading of Online Discussion Posting Periods (ODPP) and Midterm Exams

Feedback and grades for the Online Discussion Posting Periods (ODPP) and Midterm Exams will be released on CourseLink approximately two weeks from the date of postings and Midterm Exams.

> Receipt of Grades

Grades posted online, 2 weeks after the submission deadline, if the assignment was submitted on time. After grades are released on CourseLink, students are encouraged to review the grade and feedback received. Any inquiry about the grade must be made within one week from the date the grades are posted. If students fail to inquire about any grade during this time limit, changes to the grade will not be considered.

> Re-Grading of Assignments Policy

Where a student is of the belief that an assignment has not been accurately graded, they can request a re-grade of the assignment by through the following process:

1. After receiving a grade and feedback through CourseLink, **please review the feedback received carefully and wait 24 hours** prior to contacting Dr. Pitt via email with any questions regarding the grade received.
2. Do not contact any of the GTAs.
3. In the email to Dr. Pitt, include a specific explanation for why a different grade is merited in relation to the assignment guidelines and criteria outlined in the rubric.
4. Dr. Pitt will re-grade the assignment. The revised grade will be grade received for the assignment. This grade may be the same, higher, or lower than the original grade.

Course Standard Statements

Course Policies

> Communication

As per university regulations, all students are required to check their <uoguelph.ca> e-mail account regularly. e-mail is the official route of communication between the University and its students. All email directed to the professor must come from an official University of Guelph email address. Students may not receive a response if an email is sent from a non-university account.

Emails will be answered within 24-48 hours if their email is sent from a uoguelph.ca address.

Do not contact the GTAs. GTAs are not able to answer any emails regarding course material.

> Referencing

All assignments submitted must follow APA 7th Edition for style, formatting and referencing. Material regarding APA 7th Edition formatting will be posting in the Content section of the CourseLink site.

> Use of Electronic Devices and Recording of Lectures

Electronic recording of lectures is expressly forbidden without content of the professor or approved accommodation through SAS. When recordings are permitted, they are solely for the use of the authorized student and may not be reproduced or transmitted to others, without the express written content of the professor.

> Posting Of Course Material

Do not post any PSYC1000 course documents, or any assignments that you have completed for this course on sites such as Course Hero. This is a direct violation of privacy and confidentiality. It also violates academic integrity.

> Use of AI

Students are not permitted to use AI programs such as ChatGPT in PSYC*1000 01.

Academic sources can be found through searching a database like OMNI, via the UofG library or one specific to their discipline. To find academic and peer reviewed sources, contact the University of Guelph Library for Research Assistance.

AI programs like ChatGPT are not academic databases, and if asked to generate academic sources it may not provide credible or legitimate ones. Using fabricated sources in assignments is a form of academic misconduct called Falsification, specifically defined in the academic calendar as "concocting facts or reference". This could lead to an academic misconduct allegation. University of Guelph's statement on artificial intelligence systems, ChatGPT, and academic integrity released in March 2023: <https://news.uoguelph.ca/2023/03/university-of-guelph-statement-on-artificial-intelligence-systems-chatgpt-academic-integrity/>

CSAHS Academic Misconduct Policy

The *Academic Misconduct Policy* is detailed in the Undergraduate Calendar. The University of Guelph is committed to upholding the highest standards of academic integrity and **it is the responsibility of all members of the University community – faculty, staff, and students – to be aware of what constitutes academic misconduct** and to do as much as possible to prevent academic offences from occurring. University of Guelph students have the responsibility of abiding by the University's policy on academic misconduct regardless of their location of study; faculty, staff and students have the responsibility of supporting an environment that discourages misconduct. Students need to remain aware that instructors have access to and the right to use electronic and other means of detection.

Whether or not a student intended to commit academic misconduct is not relevant for a finding of guilt. Hurried or careless submission of assignments does not excuse students from responsibility for verifying the academic integrity of their work before submitting it. Students who are in any doubt as to whether an action on their part could be construed as an academic offence should consult with a faculty member or faculty advisor.

Instructors **shall not** determine if academic misconduct has occurred. This is up to the Associate Dean Academic's office. Instructors shall not assign a grade of zero even if they believe that the student has committed some form of academic misconduct (e.g., copied material from a website like CourseHero) on an assignment or exam.

Instructors **can** determine if a student has poorly paraphrased and/or improperly cited material and can provide a grade accordingly as long as this is clearly identified as part of the assessment criteria via a rubric or other assessment tools.

For more information about Academic Integrity resources and how to prevent Academic Misconduct.

Standard Statements for Undergraduate Courses

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The Academic Misconduct Policy (<https://calendar.uoguelph.ca/undergraduate-calendar/undergraduate-degree-regulations-procedures/academic-misconduct/>) is outlined in the Undergraduate Calendar.

Accessibility

The University promotes the full participation of students who experience disabilities in their academic programs. To that end, the provision of academic accommodation is a shared responsibility between the University and the student.

When accommodations are needed, the student is required to first register with Student Accessibility Services (SAS). Documentation to substantiate the existence of a disability is required; however, interim accommodations may be possible while that process is underway.

Accommodations are available for both permanent and temporary disabilities. It should be noted that common illnesses such as a cold or the flu do not constitute a disability. Use of the SAS Exam Centre requires students to make a booking at least 10 days in advance, and no later than the first business day in November, March or July as appropriate for the semester. Similarly, new or changed accommodations for online quizzes, tests and exams must be approved at least a week ahead of time. For students at the Guelph campus, information can be found on the SAS website. (<https://www.uoguelph.ca/sas/>)

Accommodation of Religious Obligations

If you are unable to meet an in-course requirement due to religious obligations, please email the course instructor within two weeks of the start of the semester to make alternate arrangements.

See the Academic calendar for information on regulations and procedures for Academic Accommodations of Religious Obligations (<https://calendar.uoguelph.ca/undergraduate-calendar/undergraduate-degree-regulations-procedures/academic-accommodation-religious-obligations/>).

Copies of Out-of-class Assignments

Keep paper and/or other reliable back-up copies of all out-of-class assignments: you may be asked to resubmit work at any time.

Drop Date

Students will have until the last day of classes to drop courses without academic penalty. The deadline to drop two-semester courses will be the last day of classes in the second semester. This applies to all undergraduate students except for Doctor of Veterinary Medicine and Associate Diploma in Veterinary Technology (conventional and alternative delivery) students. The regulations and procedures for course registration are available in the Undergraduate Calendar - Dropping Courses (<https://calendar.uoguelph.ca/undergraduate-calendar/undergraduate-degree-regulations-procedures/dropping-courses/>).

Email Communication

As per university regulations, all students are required to check their <uoguelph.ca> e-mail account regularly. e-mail is the official route of communication between the University and its students.

Health and Wellbeing

The University of Guelph provides a wide range of health and wellbeing services at the Vaccarino Centre for Student Wellness (<https://wellness.uoguelph.ca/>). If you are concerned about your mental health and not sure where to start, connect with a Student Wellness Navigator (<https://wellness.uoguelph.ca/navigators/>) who can help develop a plan to manage and support your mental health or check out our mental wellbeing resources (<https://wellness.uoguelph.ca/shine-this-year/>). The Student Wellness team are here to help and welcome the opportunity to connect with you.

Illness

Medical notes will not normally be required for singular instances of academic consideration, although students may be required to provide supporting documentation for multiple missed assessments or when involving a large part of a course (e.g., final exam or major assignment).

Recording of Materials

Presentations that are made in relation to course work—including lectures—cannot be recorded or copied without the permission of the presenter, whether the instructor, a student, or guest lecturer. Material recorded with permission is restricted to use for that course unless further permission is granted.

Resources

The Academic Calendars (<http://www.uoguelph.ca/registrar/calendars/?index>) are the source of information about the University of Guelph's procedures, policies and regulations which apply to undergraduate, graduate and diploma programs.

When You Cannot Meet a Course Requirement

When you find yourself unable to meet an in-course requirement because of illness or compassionate reasons please advise the course instructor (or designated person, such as a teaching assistant) in writing, with your name, id#, and e-mail contact. See the Undergraduate Calendar for information on regulations and procedures for Academic Consideration. (<https://calendar.uoguelph.ca/undergraduate-calendar/undergraduate-degree-regulations-procedures/academic-consideration-appeals-petitions/>)